

# COVID-19 SAFETY AWARENESS

## PROTOCOLS: LIVING WITH SOMEONE AT RISK



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**1** Sleep in separate beds.
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**2** Use different bathrooms, disinfect them with bleach.
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**3** Do not share towels, cutlery, glasses, etc.
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**4** Daily clean and disinfect high transit and contact areas and surfaces.
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**5** Wash clothes, bed linen and towels frequently.
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**6** Keep distance, sleep in different rooms.
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**7** Air out bedrooms frequently.
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**8** Call health services if you present with 100.4 degrees Fahrenheit. fever and have difficulty breathing.
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**9** Do not break the 14 day quarantine. Every day you breach, you reset the counter.